

nikki bush

Talent Whisperer
Creative Parenting Expert

PARENTING MATTERS FOR HIGH SCHOOLS

VOLUME 1

This is a selection of 10 articles for use in your school newsletters consisting of the following titles:

1. **Are you the captain of your ship?** (even teens need to feel like we are in charge)
2. **Entertainment culture tricks the brain** (gaming and the dopamine high)
3. **Imagine you're the front page news** (teaching teens to think before they post on social media)
4. **Life is like a hot air balloon** (learning how to work with whatever life brings)
5. **Love me not what I do** (on vicarious living through children & the need to honour the teen's spirit)
6. **Parental involvement counts more than you think** (encouraging high school parent involvement)
7. **Respect, manners, ladies and gentlemen** (teaching teens to remain respectful)
8. **The always on generation** (our children need to know what it feels like to disconnect)
9. **The internet remembers everything** (the biggest shock to teens)
10. **They want to matter** (start seeing children as architects and storytellers of their own lives)

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Yours in good parenting, because parenting matters.



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ABOUT NIKKI BUSH

Inspirational speaker and best-selling author, Nikki Bush, is highly regarded among business people, educators and parents alike as she helps them to make sense of, and stay connected in, a fast-changing world. Her work is fuelled by her passion for play, connection and relationships. She is fondly referred to as a Creative Parenting Expert in parenting circles and is gaining a reputation as a Talent Whisperer in the corporate sphere.

She is the co-author of three bestselling books: *Future-proof Your Child* (Penguin, 2008), *Easy Answers to Awkward Questions* (Metz Press, 2009) and *Tech-Savvy Parenting* (Bookstorm, 2014).

Nikki writes a weekly column called *Parenting Matters*® which is used in many school newsletters and on corporate intranets around the country. She is a regular guest on radio and TV and is often quoted in the print media (over 100 appearances in 2014 alone). She is the parenting expert on SABC3's *Expresso*, the resident family and child-development expert on 702's *Redi Thlabi* show and is on the advisory team for *Living & Loving* magazine, among others. She launched her own online parenting TV channel in January this year – just Google NikkiBush.tv.



Nikki is also a guest lecturer at Wits Business School, GIBS and Henley Business School. She is married to Simon, they have two sons aged 16 and 20, and they live in Johannesburg.