



with
Nikki Bush

CURRO

Castle
Douglasdale

**Parenting on the Run
Workshop**

Saturday, 8 September, 10am – 1pm

R 250pp - Inclusive of refreshments and notes.

A poignant, fun and interactive workshop to help pre- and primary school parents with work-life balance.

- ★ Learn how to cheat time.
- ★ Leave armed with dozens of practical ideas for converting what you would normally consider wasted time with your children, into quality time.
- ★ A workshop that will change your approach to discipline and your approach to parenting forever.

To book contact Bronwyn:

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Resident parenting expert on

expreso

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